

## Central Rock Gym and BBBSCM

Established November 2019 – Ana De la Torre

Central Rock Gym in Worcester has agreed to welcome our matches to use their facilities!

Address: 299 Barber Avenue, Worcester MA 01606

Central Rock Gym is offering unlimited “punch passes” for matches to boulder climbing and/or top rope climbing. Both Big and Little must have a waiver on file before climbing. For any child younger than 18, parents MUST complete the waiver, not Bigs. Waivers can be completed through [centralrockgym.com/Worcester/](http://centralrockgym.com/Worcester/)

Cost: \$10 per visit when Big presents their Big ID card and is with their Little; pay at CRG

The passes include:

- Gear for both Big and Little
- Top rope-belay class training for Big and/or for Little 13 years and older
- Use of non-electronic exercise equipment: free weights, etc. is permitted with supervision by Big
  - Treadmills and other machines require person to be at least 16 years old

To be belayed trained you must attend a class. Class schedules are posted on the CRG website. Please arrive 10-15minutes early. Registration is not always required, but keep in mind that the gym can be busy during school vacation days.

For these passes to be honored, Bigs MUST have their Big ID card to present at the desk. CRG will provide a bar-code to place on the back of your Big ID card - please keep this card safe to avoid misuse.

We are very excited to make this available to our matches. Rock climbing can be extremely fun! Encouragement is key to enjoying the “sends” (finishes) and the falls. If it’s your first time climbing, learn together and challenge each other. The staff at CRG are always friendly and available to answer questions about techniques to make climbing comfortable and enjoyable...believe me, there is a right way to climb and it makes a huge difference in confidence and ability. Learn and have fun!

Help us care for this partnership by always staying together as a match and being respectful of other climbers and the facility rules. As always, make sure that you have parental permission before venturing into an activity with your Little.

Please be patient as we reach out to other locations and understand that we may not have the same offer from other CRG locations.

---